



Instructions for Temporary Crown or Bridges

You have just received a **temporary** crown. This temporary crown is meant only to serve your needs while a **permanent** crown is being made for you. Although we make the temporary crown to resemble the final crown, it may not look exactly like the permanent crown. It is not unusual to have some temperature sensitivity while the temporary crown is in place. This will, in most cases, be relieved by the replacement of the temporary crown with the permanent crown. Taking over the counter pain reliever such as Tylenol or Ibuprofen should handle any post treatment discomfort. It may be a good idea to take one of these immediately after the appointment before you experience any discomfort.

Here are some other things you need to know about your temporary crown:

1. The temporary cement requires about 30 minutes to set. *Please do not chew during that period of time.*
2. You should be able to use the temporary crown normally when eating. Certain foods will stick to the temporary crown. *Please refrain from chewing gum, candies or foods that might stick to the crown or even pull it out. (gum, gummy bears, caramels, ice, etc.)*
3. **Temporary crowns** are not strong; they may occasionally become loose, break or come off. If this should happen to you, this is not a dental emergency. However, please contact our office immediately, bring your crown with you and we will replace or re-cement the temporary crown. If this happens at night or on the weekend, replace the temporary crown on your tooth after filling the crown with toothpaste, Vaseline, or Fixodent to hold it in place until you can contact us and allow us to properly cement it.
4. It is important that the temporary crown remains on the tooth to protect the underlying tooth structure. *Without the temporary crown, your teeth may move and then the permanent crown may not fit!*
5. Please clean around the temporary crown as you would any other tooth. Do not brush or floss too vigorously around your temporary crown. Remember that it is important to keep the area clean/healthy and not bleeding - but use caution.
6. It is imperative that you return to our office at the appointment time for you permanent crown. Failure to do so may result in the need to re-prepare the tooth and re-make the crown at your cost.

Remember to call promptly in case of unusual developments.